

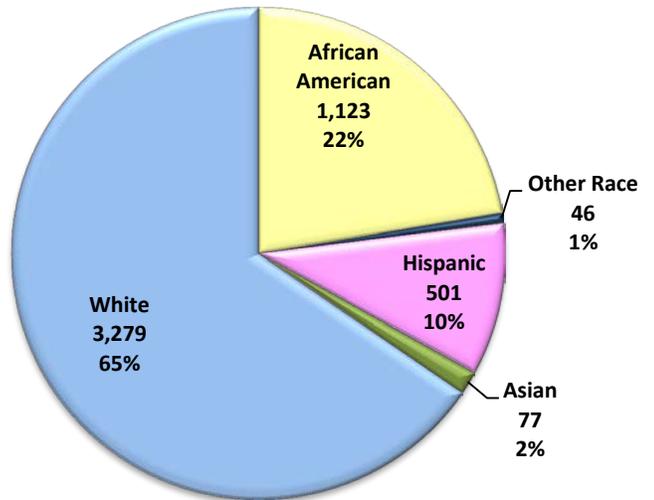
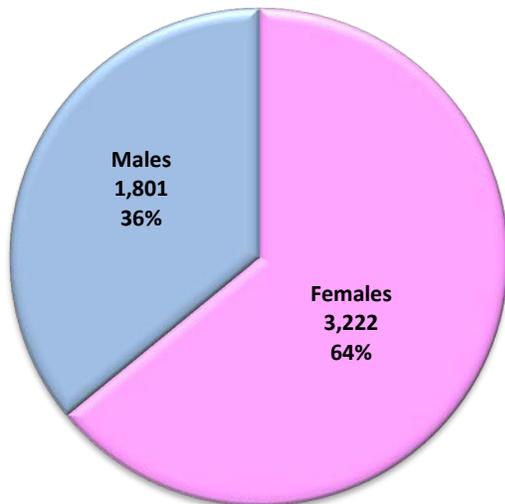
## Meals On Wheels, Inc. of Tarrant County Annual Report Fiscal Year 2016 (10/1/15 – 9/30/16)

Meals On Wheels, Inc. of Tarrant County prepares and delivers meals to elderly, homebound, and disabled people who are unable to cook meals for themselves and have no one in their homes to provide for their nutritional needs. Without strong community support, this service would not be possible. The following is a synopsis of the fiscal year 2016 program.

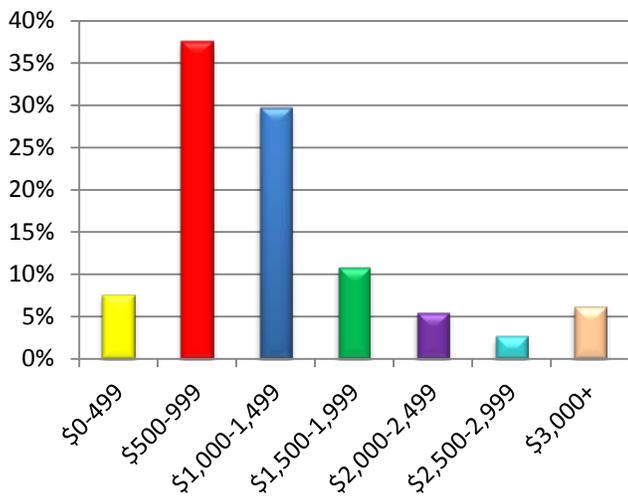
926,416	Home delivered meals prepared and delivered to disabled people in their own homes
5,026	Total people who received services in FY 2016
2,002	People who received in-home nutritional counseling from registered dietitians through the HAIL program
3,322	People who received services through the HomeMeds program (medication management)
75 yrs.	Median client age; served 13 clients over 100 years old - oldest 109 and youngest 20
83%	Clients over the age of 60 years
64%	Female clients
\$1,000	Median client monthly income
35%	Meals served to minority persons (African American 22% , Hispanic 10%, Asian 2%, Other 1%, Anglo 65%)
5.8 months	Average length of time a client remains on the Home-Delivered Meals program
222	Average number of new referrals per month. Average number of clients added per month 127
14,347	Home visits made by Meals On Wheels caseworkers to ensure eligibility and act as an advocate for clients
10,700	Referrals made for other services
161	Average number of client pets fed each month (total 16,619 pounds of pet food delivered )
\$6.41	Actual cost per meal (this includes raw food, packaging, labor, supplies, utilities, insurance, case management, administration, recruitment, and training of volunteers, etc.)
5,810	Unduplicated number of volunteers using their time, cars, gasoline, and energy to see that others were fed.
250,000+	Hours donated by volunteers
1,133,600	Approximate miles driven by volunteers
45	Meal distribution sites within Tarrant County
218	Daily delivery routes driven by volunteers
1 - 1.5 hrs.	Average length of time to drive each route - typical route serves meals to 9 people
	<b>Revenue</b>
4%	Contributed by clients
9%	Contributed by foundations for program support
43%	Contributed by private individuals, churches, civic organizations, fund-raising events, Combined Federal Campaign, State Employee Combined Campaign, United Way, corporations, and annual campaign.
44%	All governmental funding sources
	<b>Expenses</b>
86%	Meals and program services
14%	Administration and general operations 8%, fundraising 6%

These percentages and statistics are unable to reflect the improvement in the lives of the homebound and disabled such as: personal independence, daily visits by caring volunteers, health improvement provided by well-balanced meals, the assistance of professional caseworkers and the security of knowing they are not forgotten. In addition to meals, we also assist clients with supplemental groceries, medical equipment, errands and assurance, and operate the following programs: Friend to Friend, Companion Pet Meals, HomeMeds, and Healthy Aging and Independent Living (HAIL).

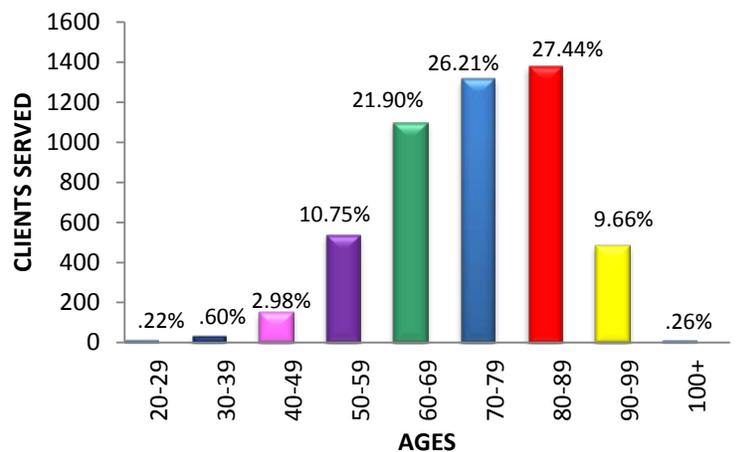
# FY 2016 CLIENT & PROGRAM DATA



**CLIENT MONTHLY INCOME**

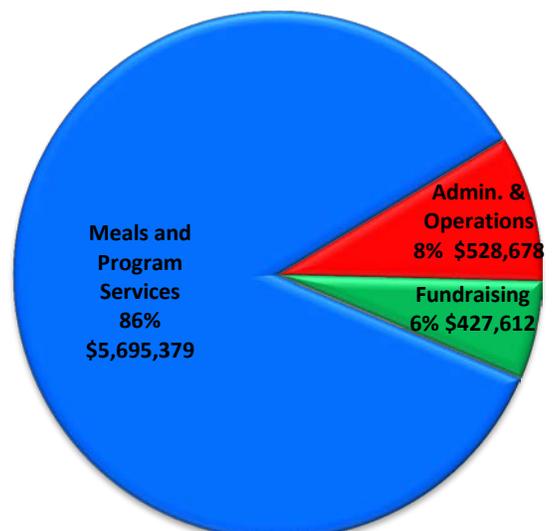
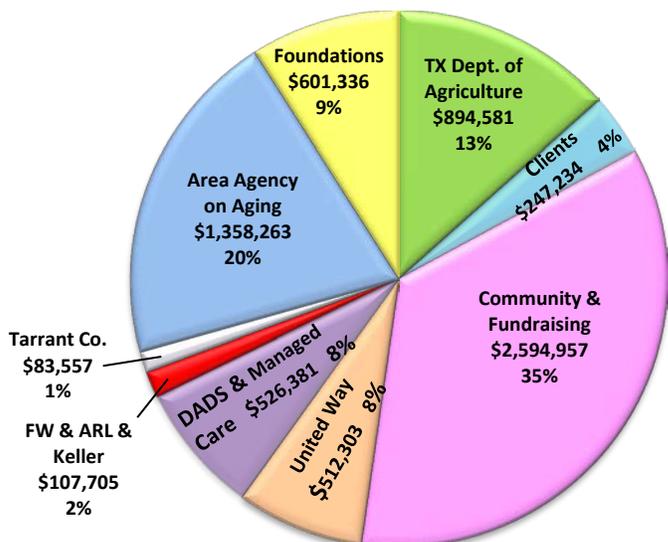


**CLIENT AGES**



**REVENUE \$6,679,084**

**EXPENSES \$ 6,651,669**



# 2017

## Board of Directors

<b>Chairman</b> Amy Caster	Kim Howard
<b>Vice Chairman</b> Julie Vu	Rev. Floyd Kinser
<b>Treasurer</b> Mitch Hagen	Carolyn Martchenke
<b>Secretary</b> Fred Van Valkenburg	Mark S. Nicol
Josita Baker	Stephen O'Neal
Monique Barber	Terrill Phillips
Matt Browning	Robin Ponitz
Donald W. Buescher	Malathi Ravi
Ashley Curry	Ann Salyer-Caldwell
Dwayne Dalco	Judy Smith
Jeri Dixon	Harry Thorley, Jr.
Merri R. Easterly	Elizabeth Tindall
Stan Effertz	Todd Webster
Mike Griffin	Mac Zimmerman
Emily Grimes	<b>Board Mentoring Member</b>
Melanie Grimes	Adam P. Simmons
Ossana Hermosillo	<b>Ex-Officio Past Chairman</b>
	Christina Toups
	<b>President &amp; CEO</b>
	Carla Jutson

## Endowment Board

<b>Chair</b> Quentin McGown	Amy Caster
<b>Vice Chair</b> Donald W. Buescher	Mitch Hagen
<b>Secretary/Treasurer</b> Kurt Kulpa	Joseph W. Julien
	Walt Jennings