As part of our challenge to recruit as many volunteers as possible during the month of March, we are asking you to reach out to your family and friends and tell them about Meals On Wheels. Let them know volunteering with Meals On Wheels is easy!

You know the impact volunteering has and we need you to encourage others to help deliver meals just one day per week, Monday through Friday, to homebound, elderly and disabled people living in their neighborhood. Let your friends know that they can brighten someone's day simply by knocking on their front door and delivering a hot, nutritious meal and a warm, caring smile.

Tell someone about Meals On Wheels
Have you shared your experience with friends, family members, and co-workers?

We need more volunteers
We have had an increase in the number of clients and that means we need help delivering meals.

Everyone bring a friend or two ... or three
This is a perfect opportunity to introduce your friends and family to the Meals On Wheels team. During the month of March, we will run a contest and you will earn one entry into a drawing for each new volunteer you refer. We will have three prizes to choose from: a $100 gift card to Ferrari’s Italian Villa, a round of golf for four at the Diamond Oaks Country Club, and two Daily Grounds tickets for the Colonial Country Club. We have lots of open routes and need your help recruiting caring people to serve our clients.

For more information, please contact Sarah Drew-Watson at sarah@mealsonwheels.org or call 817-258-6426. New volunteers can simply complete the volunteer interest form online at mealsonwheels.org/volunteer and enter the referring volunteer’s name in the “how you heard about us” section.