

Thank You!

Because of you, 77,327 nutritious meals were delivered to our homebound, elderly and disabled neighbors in January.

Just a
Reminder!

- We still need to start new routes in Southwest Fort Worth, Westcreek, and Poly. Thank you to everyone who has reached out to their friends, neighbors and coworkers in search of new volunteers.
- Our Friend to Friend program is off to a great start, but we still have clients eagerly awaiting a friend. If you or anyone you know are interested in being a friend to one of our homebound neighbors by making a weekly visit, please contact Sarah at (817) 258-6426 or sarah@mealsonwheels.org
- Please remember to count your meals at the distribution site before you leave. If you are short meals or have too many, call the main office number printed on your route sheet at (817) 336-0912 and they will transfer you to the Nutrition department so we can ensure each client receives their meal.

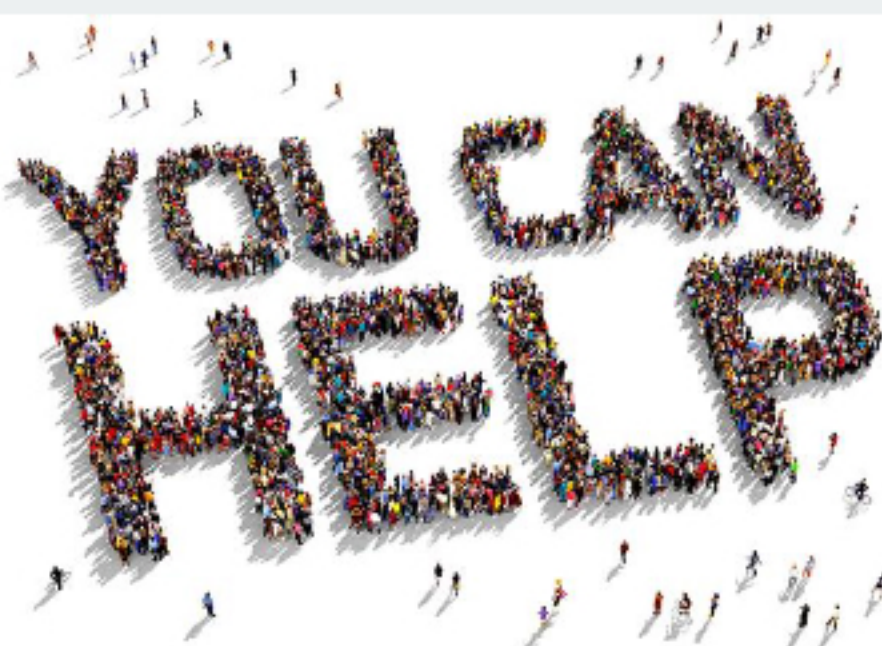


You Can Help.

We are running a contest for the month of March and you can earn an entry into the drawing for every new volunteer you refer. We will have three prizes to choose from:

- \$100 gift card to Ferrari's Italian Villa
- Round of golf for four at the Diamond Oaks Country Club
- Two Daily Grounds tickets for the Colonial Country Club.

New volunteers can simply complete the volunteer interest form online at mealsonwheels.org/volunteer and enter the referring volunteer's name in the "how you heard about us" section. We will announce our winners in April.



Thank You, Erin!

We asked and you answered! In last month's edition of the Side Dish Newsletter we shared our need for new delivery routes in some of areas and many of you answered the call. One volunteer, Erin East, recruited three new Southside Fort Worth volunteers by sending out an email to her neighborhood association. This enabled us to start a much needed new route in that area. Thanks Erin!



Group Highlight

"We live to deliver" is the current slogan of a very popular delivery service. And while this phrase applies to their business model, it also applies to their commitment to serving the community. This month, we are thrilled to honor our group of volunteers who deliver meals through FedEx Corporation.

The FedEx group of volunteers donates their time to deliver meals in the Forest Hill area and have consistently been involved for a little over two years.

Alondus Tealer, the group coordinator, started out volunteering on her own. She eventually recruited other FedEx employees to join in on the fun. Now they have a consistent group of employees that delivers four times a week!

"It has been an eye opener for us as a group," said Tealer. She and other employees had senior parents who were once in need and now the volunteer group sees the importance in taking care of elderly citizens.

On the week of Martin Luther King Jr Day, the group of FedEx volunteers worked around their own schedules and delivered non-perishable pantry items in addition to their regular delivered meals.

Marsha McCallum, an employee with FedEx, says, "I felt like the people were very appreciative to get that food, to get something extra, or to just maybe see us again...just to say hello. We got a lot of 'God bless yous' and 'thank yous' that day."

Wood Holman, the senior manager at FedEx, who's been with the company for twelve years, realizes the importance of *paying it forward*. "Somebody has benefited me in the past, so I want to be a benefit to someone else. I think it also lends to my role at FedEx because it allows me to be a servant leader. I think once you have that kind of attitude, it helps you to understand what other people are dealing with and it helps to serve others better."

FedEx recognizes the importance of giving back to the community. Every week, they show how easy it can be to volunteer through your job.

We say thank you to FedEx for their continued support of Meals On Wheels of Tarrant County!

— Georgia Viertel

Less Than Two Weeks Away!

We invite you to attend Casino Night 2019 presented by the Vincent Genovese Memorial Foundation. For one night only, you'll party to the Rat Pack's hip 1960's vibe that made Las Vegas a world-renowned playground. Join us as we transform the newly-renovated Worthington Renaissance Hotel into a fabulous Fort Worth casino, reminiscent of the glorious, bygone era that brought us the legendary Rat Pack.

You'll enjoy:

- Hosted Cocktails
- Delicious 3-course Dinner
- Gaming
- Live Entertainment
- Dancing
- Live and silent auctions
- and much more!



Hurry, tables are going fast! For table sales and individual tickets, please [click here](#).

For more information, contact Jessica Hagen at 817-258-6414 or Jessica@mealsonwheels.org

Do you have a question for the Volunteer department?

Submit it to sarah@mealsonwheels.org and we will answer it in a future edition of Volunteer Side Dish.

